

101 critical days begin

By Lt. Col. Richard Martin
48th Fighter Wing safety chief

As we approach the 101 Most Critical Days, we approach it in a sullen mood. We have already lost two members of the Liberty Wing to motor vehicle mishaps.

These mishaps would have been preventable if the members performed a proper risk assessment of their activities.

A risk assessment is not just for the time that you are on duty. It applies to every minute of the day for every activity that you are involved in and every maneuver you wish to make.

So far this fiscal year, we've had 29 serious mishaps, 18 which were non-duty related, two of which were fatal. Of the two fatal mishaps, one involved a motorcycle. This is approximately half of the total mishaps we experienced for the entire fiscal year of 1996.

Preventable mishaps

These mishaps were all preventable if the individuals involved had performed a proper risk assessment of the actions they were going to take or perform. This time of year makes it even more critical to assess risk.

As the weather improves more people will venture out and participate in more activities. Some will venture out onto the road and others will participate in outdoor sporting activities. The local people will be taking advantage of their Bank Holiday Monday which gives them a three-day weekend when we have our Memorial Day Weekend. This will mean more traffic on the roads and an increased chance of mishaps.

Motorcycle traffic

Speaking of traffic, due to the early arrival of good weather, more motorcycles are taking to the roads. Motorcyclists need to be extra cautious, espe-

cially if they haven't been riding their machine in a while due to the bad weather in the winter months. It would be advisable to sign up for a motorcycle safety course to polish up the skills which may have been dormant during the winter months.

Motorcyclists should also remember that they no longer have a ton of metal around them. A proper risk assessment must be conducted before performing any maneuver. The rider must not weigh just the benefits of a particular action, such as overtaking another vehicle, but also weigh the consequences of such maneuvers. A "what if" approach should be used. Riders should ask themselves the worst-case scenario. Example: What would happen if I overtook both of these vehicles and one pulls out unexpectedly while I am overtaking? These kinds of questions must be asked. They also work for drivers.

Both of our fatalities involved personal motor vehicles and overtaking. They both involved two-lane roads and overtaking more than one vehicle at a time. The only distinguishing part of both mishaps was one involved a two-wheeled vehicle and one involved a four-wheeled vehicle.

Vigilance is key

As the 101 Most Critical Days approach, make every effort to be extra vigilant in what ever you do. Enjoy your barbecue, but don't start it with too much lighter fluid and don't apply lighter fluid to already lit coals. Remember when doing your gardening or doing yard work, personal protective equipment should be used, i.e. goggles, gloves and sturdy foot wear. If you're out on the road, be patient, drive defensively, and always expect the unexpected.

Make this Memorial Day the safest one ever, and make the upcoming 101 Critical Days of Summer the most enjoyable and not the most tragic. Don't let Memorial Day make a memory of you.

Action lines

Dear Colonel Richardson,

I am writing to express my thanks to you and the ladies and gentlemen of the leadership school. They came to our school and re-sited some benches in our "Quiet Area," which necessitated some hours work.

I enjoyed the opportunity to speak at the leadership school to outline the project.

The leadership school have offered us the opportunity to raise further projects, and I am consulting with our governing body about other possibilities.

Once again, thank you. Our children will also appreciate being able to use the quiet area again.

Stephen Kite
Headteacher
Edmund de Moundeford School

The Action Line is your direct link to me for complaints, suggestions, or comments. It's not intended to replace the chain of command. When normal command and agency channels haven't been able to resolve your concerns, call (Ext. 2324), fax (Ext. 5367), e-mail (Action_Line), send through distribution (48 FW/PA), mail (48 FW/PA, Unit 5210 Box 215 APO AE 09464-0215), or hand carry your Action Line to the public affairs office (Bldg. 1085). You may remain anonymous; to receive a reply, however, leave your name, unit, duty or home phone number, and full APO mailing address. Names will be kept confidential.



Edmund de Moundeford

48th Fighter Wing
commander



Editorial staff

Col. Doug Richardson 48th Fighter Wing commander
Capt. Patrick Ryder Public affairs chief
MSgt. Scott Martin Public affairs NCOIC
SSgt. Scott Davis Editor
SrA. Sarah Franco Staff writer

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Editorial content is edited, prepared and provided by the public affairs office of the 48th Fighter Wing. All photos are Air Force photos unless otherwise indicated.

The deadline for submissions to the "Jet 48" is noon Friday, the week prior to publication. For weekend events, the deadline is noon the Monday prior to publication, provided the editor is notified in advance. The public affairs office reserves the right to edit all material submitted for publication. Contact the editor in Bldg. 1085, call Ext. 5640, e-mail Jet48@lakenheath.af.mil or fax Ext. 5637.

<http://www.lakenheath.af.mil/current/jet48.htm>

SPs find real-world at Creek Defender

By SSgt. Scott Davis
Public affairs

Members of the 48th Security Police Squadron found real-world conditions during their deployment to a British training area in April as they were challenged in Creek Defender, an annual air base defense training class.

The training took place at Camp Bodney, about 40 minutes from RAF Lakenheath. It was the first time Creek Defender was held outside of Germany.

"The British training areas have a lot more to offer for our security police," said TSgt. Tony Boyce, combat skills instructor

with Creek Defender. The field training exercise was held at the Harrier Air Strip which included a mock-up village. "It allowed us to provide some realistic training scenarios."

The Creek Defender team had always trained security police in air base ground defense at the military training area in Baumholder, Germany. Scenarios are created from after-action reports from contingencies, and the Creek Defender team has deployed people to look at how security police do business in real-world situations.

"The training facilities here are better than what we had in Germany," said SSgt. David Huerd, 48th Security Police Squadron. "The training was realistic. It was something you will really see down range." It was

the second time Huerd had experienced the Creek Defender training.

Creek Defender began with five days in the classroom and three days of practical field exercises at Camp Bodney. The security police then went to the field for six days at Harrier Air Strip where an RAF regiment from RAF Honington stepped in as the opposing force.

"The British were very cooperative," said Boyce. "The word 'no' never came out of their mouths."

Boyce also credited Lakenheath units for their support, including the 48th Medical Group, 48th Civil Engineering Squadron, 48th Transportation Squadron, 48th Supply Squadron and 48th Services Squadron.

Lakenheath launches membership drives

The Air Force plans a servicewide club membership drive, "Traditions Begin With You!" through July 31. The promotion centers around the rich heritage and traditions of the Air Force.

"Traditions Begin With You!" provides significant incentives for new members and also expresses our gratitude to existing members for their valuable membership," said Frank Black, chief of the clubs branch at the Air Force Services Agency in San Antonio.

"The drive has two major phases," explained Black. "There will be a member appreciation promotion from June 1 to July 31, called 'Air Force Clubs and You - a Winning Tradition;' and a 'Member-Get-A-Member' promotion, which will run from May 1 to July 31."

Air Force Clubs and You - A Winning Tradition, thanks current club members for their loyalty by offering them a chance to win the grand prize, a Jeep Grand Cherokee. Other prizes will be awarded including a \$1,997 credit to the winner's club account.

"Each base will conduct special parties and contests, which will give members a chance to enter," said Black.

"For the membership appreciation phase of the program that begins June 1, in addition to the Air Force-wide contest, the Lakenheath clubs offer a free dinner for two in each club for the winning weekly drawing," said George Jones, business operations flight chief.

Membership promotion

The Member-Get-A-Member promotion is geared toward new club membership.

"Every time a club member recruits a new member, they will both be entered into a drawing," said Black. "Prizes will include a Jeep Grand Cherokee, trips to Hawaii, a \$5,000 shopping spree, golf club packages, patio sets, and many other exciting rewards."

"For the membership drive, which began April 28, the clubs offer \$10 in 'club bucks' to each member who gets a new member to apply," Jones said. "The 'club bucks' can be used for food and beverage purchases."

"This membership drive is to return the exclusivity of club membership," Jones said. "It will eliminate members subsidizing nonmembers use of the clubs."

Winners

Winners will be selected June 15, July 15 and during the final drawing Aug. 15.

"This is an unprecedented time for Air Force clubs," said Black. "Club membership has always been the cornerstone of our club operations. Clubs are traditionally as strong as their membership in terms of numbers and involvement. Membership is very important to us if we are to provide a continued and valued service in the future. The bottom line is we need membership and, in return, we need to provide members with value, quality service and product at a competitive price."

"The 48th Services Squadron added value to club memberships in December when they distributed the 1997 club calendars, with coupons worth more than \$1,400," Jones said. "These calendars are handed out to each new member and are still available for those club members who haven't picked theirs up yet."

For information about these and other services programs, call Ext. 3869 or 2535. (Story compiled from local and Air Force sources.)

Honor mothers Sunday

Ancient Greece seems to be the earliest source of Mother's Day celebrations where in the spring they honored Rhea, the Mother of the Gods.

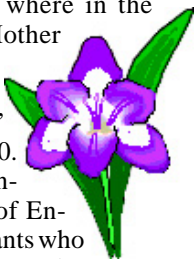
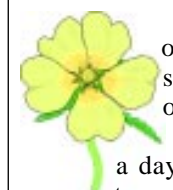
A more "modern" version was a day called "Mothering Sunday," stemming back to England, around 1600.

This day was celebrated on the fourth Sunday in Lent to honor all the mothers of England. During this time, servants who lived in at the house of their employers would be given the day off to return home and spend the day with their mothers.

As Christianity spread throughout Europe the celebrations altered to honor "Mother Church," but as time wore on the two festivals blended, with people honoring their mothers as well as the church.

Mother's Day was celebrated in England March 9. It is celebrated in the United States Sunday.

At RAF Lakenheath, people can honor their mothers and spouses by having balloons delivered, taking them to brunch, or through a variety of other ways. For more information, call Ext. 2221, 3869 or 2535.



Families report \$133,000 in stolen property

By Capt. Jennifer Dickey
Legal office

Military families assigned to RAF Lakenheath reported more than \$133,670 in stolen property between Oct. 1 and March 31.

The majority of claims arose from car break-ins.

"During the first weekend in April alone, we saw four claims for golf bags being stolen from members' POVs," said TSgt. Robert Jarrett, NCO in charge of the claims section. "In two of the cases, the clubs were stolen from locked car trunks."

Presented claims

Of the claims presented, the base legal office paid \$70,260, a little more than half of the amount claimed. Many claims were denied because the member failed to take reasonable steps to safeguard the property.

"The legal office doesn't pay every claim for theft," said Jarrett. "The member must show they took some steps to protect their property. If someone leaves a desirable or easily stolen item in plain view in their POV, we may not pay the claim. We also deny claims for property stolen from unlocked POVs and homes."

"What many people don't know is that the legal office is further limited by Air Force Instructions on the amount it can pay for certain claims. For instance, we can only make a total payment of \$120 for compact discs stolen from a POV, even if the member can prove a greater amount was stolen."

Another common misconception is the "belief that you can make a claim for any theft from your POV," said SrA. Nicole

Ceiling rises for catastrophic losses

BOLLING AFB, D.C. (AFNS) — The limit on personal property claims has more than doubled, and people can file for additional relief for past claims until early next year.

The Defense Authorization Act for 1996 raised the limit on personal property claims from \$40,000 to \$100,000. Air Force legal officials at Bolling said the law affects everyone who has or will suffer personal property losses because of emergency evacuations and extraordinary circumstances due to their service.

The policy change affects military and civilian employees. It is retroactive for those who previously filed a claim and had their claim payment limited by a statutory maximum.

People with prior claims who seek more relief have until Feb. 9, 1998, to file a request for added relief under the new law.

Requests must be in writing and include all previous documentation regard-

ing the claim. Requests may not include items not listed on the original claim form.

The Air Force Claims Division at Bolling will decide if a request qualifies for added payment. Requests should be sent to the division at AFLSA/JACC, 112 Luke Ave., Ste. 343, Bolling AFB, D.C. 20332-8000.

Legal officials today have about 200 claims that exceed the \$40,000 cap and 37 that surpass prior caps that ranged from \$10,000 to \$40,000. Most stemmed from Mount Pinatubo, which destroyed most of Clark AB, Philippines, in 1991, and Hurricane Andrew, which demolished Homestead AFB, Fla., in 1992.

People who want the added relief should first check with the base legal office where they filed their original claim to make sure all documents have been forwarded to the Air Force General Claims Division.

For more information, call (202) 767-1585, or DSN 297-1585.

Burkhart, claims examiner. In fact, we are only authorized to make payments for theft or vandalism at your authorized quarters or to your POV when it is parked at your authorized quarters. If your car was broken into at someone else's house, or in a shopping center parking lot, the legal office cannot pay your claim."

Payment problems

The legal office also faces problems with payment when members fail to report and document the theft or vandalism.

"To show proof of theft," Burkhart said, "you should report it to both the local police and the security police and keep a copy of the police report or report number. You will also have to be able to prove ownership of the item."

Property protections

People can protect property by taking basic precautions to prevent the crime from occurring in the first place. For instance, members should always lock their home and car. People shouldn't leave property, especially valuables, unattended in a car, even for a short time period.

When parking a car off base, members should remove any indications of their military status, such as a registration card or military clothing.

Even the best security measures, however, can't provide a guarantee against all crimes. Recognizing this, Jarrett said all members should obtain insurance on their personal belongings.

"Not only is it very expensive in the long run for the member to assume the claims process can be used as a substitute for taking basic precautions and obtaining personal property insurance, but it also becomes expensive for the wing because all claims are paid out of (Operations and Maintenance) funds," said Jarrett. "Every dollar paid out in personal property claims means one dollar less to support our mission requirements."

On target

MSgt. Mel Faust checks his target during the Excellence in Competition Rifle tournament at the RAF Feltwell Combat Arms range Saturday. More than 100 people competed at this Air Force-level competition. Faust and 10 other shooters scored better than 455 to qualify for the Bronze Excellence in Competition rifle badge.



Photo by SSgt. Steve Ball

48th Fighter Wing Award Winners

Award winners

□ The 48th Operations Group 1996 Airman Maintainers of the Year are: **A1C Joseph Smith**, 492nd Fighter Squadron; **SrA. Jason Pedone**, 493rd FS; **SrA. Dennis Teegardin**, 494th FS; **SrA. Salim Aimag**, 48th Equipment Maintenance Squadron; and **SrA. Randy Simon**, 48th Component Repair Squadron. The NCO Maintainers of the Year are: **TSgt. Michael Frey**, 492nd FS; **SSgt. Timothy Imel**, 493rd FS; **SSgt. Thomas Loomis**, 494th FS; **TSgt. Kevin Fisher**, 48th Operations Group; **SSgt. James Clark**, 48th EMS; and **SSgt. Raymond Moss**, 48th CRS.

□ The Garden of the Month winners for April are: **CMSgt. Sharon Lettner and family**, RAF Lakenheath housing; **SSgt. Kelly White and family**, Anglo housing; and **Lt. Col. Jim Davis and family**, RAF Feltwell housing.

□ The American Red Cross chose six coloring contest winners for March. First place winners are: **Jessica Crook**, age 3; **Steven Ronfeldt**, 6; and **Desiree Morris**, 8. Second place winners are: **Amy Heikkinen**, 4; **Marcus Lewis**, 7 and **Nina Hurley**, 9.

□ The 494th FS quarterly award winners are: **SrA. Troy Clay**, Airman of the Quarter; **TSgt. Kathleen Burkhart**, NCO of the Quarter; **MSgt. Larry Casteel**, Senior NCO of the Quarter; and **Capt. Anna-Marie Zurlinden**, Company Grade Officer of the Quarter.

□ The 48th Logistics Group Professional Performers of the Year are: **Andrew Jarvis**, Ministry of Defence civilian; **Esker Bobo**, U.S. civilian; **SrA. Juliet Gudgel**, Airman; **TSgt. Sean Donohue**, NCO; **MSgt. Steven Jacobs**, Senior NCO; and **Capt. Sarah Misiak**, Company Grade Officer.

Promotions

The following are May's officer promotions.

To colonel

William Hamilton, 48th Medical Operations Squadron.

To lieutenant colonel

Christopher Lisanti, 48th Aerospace Medicine Squadron.

To major

Bruce Edwards, 492nd Fighter Squadron; **Steven Freed**, 48th MDOS; **Dale Marks**, 492nd FS; and **Rhonda Perry**, 48th MDOS.

To captain

John Woods, 48th MDOS.

To first lieutenant

Theodore Breuker, 48th Security Police Squadron; **John Callaghan**, 48th Operations Support Squadron; **Thomas Clarke**, 48th SPS; **Beth Nold**, 492nd FS; **Evan Pitts**, 48th Fighter Wing; **Stacey Ruehl**, 451st Intelligence Squadron; **Jennifer Stone**, 48th Supply Squadron; **Wade Wegner**, 48th SUPS; and **Elizabeth Young**, 451st IS.

The following are May's enlisted promotions.

To chief master sergeant

Milton Blanks, 48th Operations Group.

To master sergeant

Carlos Cortez, 48th Logistics Support Squadron; **Tony Dismore**, 48th Equipment Maintenance Squadron; **Timothy Finn**, 18th

Intelligence Squadron; **Joey Lowery**, 48th Logistics Group; **Scott Ronfeldt**, 48th Component Repair Squadron; and **Anthony Williams**, 493rd Fighter Squadron.

To technical sergeant

Michael Blunt, 48th SUPS; **Glenn Boudreau**, 48th LSS; **Jose Campa**, 48th CRS; **Anthony Dixon**, 48th LSS; **Timothy Gorrell**, 494th Fighter Squadron; **Tamie Harris**, 48th Services Squadron; **Robert Hiser**, 48th SUPS; **Lenon Hurt**, 492nd FS; **John Marvin**, 48th EMS; **Joseph McCloud**, 48th MDOS; **Keith Owen**, 18th IS; **Scott Steffes**, 451st IS; **Edwin Wallace**, 492nd FS; and **Kelly White**, 48th SVS.

To staff sergeant

Michael Bearden, 48th EMS; **Edward Beckett**, 48th Civil Engineer Squadron; **Randy Bitter**, 451st IS; **Stephen Bridges**, 48th CRS; **Michael Collins**, 48th LSS; **Brian Cristiani**, 48th CRS; **Pak Dewhurst**, 48th SPS; **Timothy Enright**, 48th Communications Squadron; **Devonia Erkins**, 48th EMS; **John Gill**, 48th SVS; **Mark Keller**, 48th EMS; **Hermann Kuebitz**, 48th CRS; **Martin McFaul**, 48th CRS; **Jeffrey Peters**, 48th EMS; **Brent Smith**, 48th CRS; **William Smith**, 48th EMS; **Robert Spatz**, 451st IS; **Joseph Stickel**, 48th CS; **Michael Tousley**, 451st IS; **Arnoldo Valenzuela**, 48th SUPS; and **Troy Verbowski**, 494th FS.

To senior airman, below-the-zone

Jaime Blackburn, 48th SPS; **Latisha Pickett**, 48th SPS; **Glenda Ramsey**, 48th CES; **Micah Steinwandt**, 493rd FS; and **Shawn Tolar**, 48th SUPS.

To senior airman

Aaron Balfour, 494th FS; **Sue Dunkel**, 48th SPS; **Robert Fender**, 48th EMS; **Gene Fonseca**, 48th SPS; **Ethan Freeman**, 48th EMS; **Mark Gonzalez**, 48th Dental Squadron; **Talicia Harris**, 48th CS; **Sean Henderson**, 492nd FS; **Roy Hensley**, 48th Transportation Squadron; **Travis Howard**, 48th MDOS; **Joel Jones**, 48th CES; **Lisa Kindred**, 48th FW; **Christopher Mills**, 48th CES; **Andy Moran**, 48th SPS; **Flori Nunez**, 494th FS; **Justin Propernick**, 492 FS; **Luke Schnittker**, 48th CRS; **Kyle Steves**, 48th TRANS; **Kenneth Toon**, 48th TRANS; **David Vester**, 493rd FS; **Jesse Watson**, 48th MDOS; and **Kenneth Zalesky**, 48th EMS.

To airman first class

Rasha Adams, 48th CS; **Mark Chisholm**, 48th CRS; **Jamaal Craig**, 48th SPS; **Timothy Danter**, 493rd FS; **Jabari Dew**, 48th SPS; **Lajuan Fuller**, 48th SPS; **Monica Gardner**, 48th CS; **Danell Hall**, 48th Operation Support Squadron; **William Hamill**, 48th SPS; **Teri Henderson**, 48th OSS; **Bryan Hill**, 494th FS; **Paul Iverson**, 493rd FS; **Daniel Jackson**, 48th CS; **Eric Johnson**, 492nd FS; **Allyson Knowlton**, 48th OSS; **Kim Kretz**, 48th EMS; **Gregory Krise**, 494th FS; **Ledelous Little**, 48th SPS; **Frank Mosura**, 48th SPS; **Caery Poland**, 493rd FS; **Mark Shetsky**, 48th EMS; **Kimberly Waters**, 48th MSS; and **Mark Yaple**, 48th SPS.

To airman

Heidi Cummings, 48th MDOS; **Tikita Davis**, 48th Medical Support Squadron; **Brian Smith**, 48th MDSS; **Melissa Szczerbiak**, 48th SPS; **Jesse Thibodeau**, 48th EMS; **Jesse Vanwagner**, 48th EMS; and **Jessie Wright**, 48th MDSS.

News notes

Military Spouse Day is today

The family support center sponsors National Military Spouse Day from 10 a.m.-2 p.m. today at the Liberty Club.

An information seminar is from 10 a.m. - noon. Agencies including the chapel, education center, family advocacy and health benefits advisor give spouses information on a variety of subjects. A health-and-beauty fair is from noon-2 p.m. The fair includes a fashion show, makeover tips, self-defense instruction and a fitness demonstration.

For more information, call Ext. 3847.

Surety inspection begins today

The Liberty Wing conducts a local surety inspection today through Thursday.

"In particular, we will look hard at all locally developed checklists and publications, said Maj. Gary Webb, wing readiness chief.

Team members will review wing practices and procedures emphasizing safety, security and reliability.

Air Force announces 1997 non-line selections to captain

The calendar 1997B Central Captain Board selected 318 Medical Service, Biomedical Science and Nurse Corps lieutenants for promotion to captain.

Two people from RAF Lakenheath were selected. They are Kara Fery and Jesse Richardson.

The selection board convened at the Air Force Personnel Center March 19 to consider 332 officers. The opportunity for promotion rate for in-the-promotion-zone officers was 100 percent.

A complete list of those promoted is available on the Air Force Personnel Center World Wide Web home page at <http://www.afpc.af.mil>. Click on the hyper text wording in the "HOT" message area.

The selection statistics summary is as follows:

Selection statistics in-the-promotion zone.

☐ 32 medical service corps officers selected from 32 considered for a 100-percent select rate;

☐ 91 biomedical science corps officers selected from 95 considered for a 96-percent select rate;

☐ 195 nurse corps officers selected from 205 considered for a 95-percent select rate.

Selection statistics above-the-promotion zone.

☐ No medical service corps officers were considered in this category;

☐ No biomedical science corps officers were selected from 2 considered;

☐ No nurse corps officers were selected from 3 considered.

Voting program seeks slogan

KELLY AFB, Texas (AFNS) - The 1997 Voting Slogan Contest continues through

June 30 in search of a winning slogan that will inspire people to get out and vote.

The winning slogan will be featured in the Federal Voting Assistance Program's informational and promotional materials, including motivational posters, the 1998-99 Voting Assistance Guide, and news releases disseminated to citizens voting under the Uniformed and Overseas Citizens Absentee Voting Act worldwide.

Each slogan must be on a separate 8 1/2 by 11 sheet of paper. For each entry, include full name, and if applicable, rank and service; full mailing address, to include country if receiving mail at an APO/FPO; and commercial telephone and fax number, with country and city codes, if applicable.

Mail slogans to: Federal Voting Assistance Program, Room 1B457, ATTN: Voting Slogan Contest, The Pentagon, Washington, D.C. 20301-1155; or fax to: (703) 693-5507 or e-mail to: vote@fvap.gov.

For more information, write or call the Federal Voting Assistance Program at (800) 368-8683, DSN 225-0663 or commercial (703) 695-0663.

AFA gala reception slated

The Air Force Association's United Kingdom Charter sponsors a gala reception to formally inaugurate the new chapter from 6:30 - 9 p.m. May 23 in the officers' club ballroom.

It costs \$10 per person. People can buy tickets through May 16 from Lt. Col. Mike Bradley at Ext. 3536 or Capt. Mike Convertino at Ext. 3755.

Pilot training selectees

RAF Lakenheath members selected for undergraduate pilot training are Capt. Clayton Marshall and Capt. Jeffrey Klein. Selected as an alternate for the training is 1st Lt. Troy Gilbert. Selected for undergraduate navigator training is 2nd Lt. Timothy Brice.

Police week activities slated

To honor National Police Week, the 48th Security Police Squadron sponsors several activities.

☐ Monday at 10 a.m. -- vehicle display at the base exchange.

☐ Monday from 1 - 3 p.m. -- Military working dog demonstration at the base exchange.

☐ Monday at 10 a.m. -- Crime prevention information booth at the post office.

☐ Tuesday from 3:30 - 4:30 p.m. -- Face-painting booth at the youth center.

☐ Wednesday at 10 a.m. -- Child identification stand at the base exchange.

☐ Thursday at 4:30 p.m. -- Memorial and formal retreat ceremony at the flagpoles near the base exchange.

☐ May 16 at 2:30 p.m. -- M-16 rifle shoot at the base firing range.

For more information call Ext. 1951.

Liberty Warrior

'Can do' person of the week



Photo by SrA. Grace Hunt

SrA. Joseph Aylsworth

494th Fighter Squadron

Hometown: San Antonio, Texas

Time in service: Five years

Time on station: One year, four months

Role in mission: I am an avionics specialist.

Hobbies: Collecting autographs.

Where do you see yourself in 10 years? With two teenage boys.

What do you like most about Britain? The off-duty quality of life.

What would you do to make things better at RAF Lakenheath? I would allow the flightline dorm residents to have partial basic allowance for subsistence.

What is your greatest achievement? The births of my two sons, Justin and Matthew.

Why did you join the Air Force? To provide security for my family.

Who is your role model and why? My father. He served 20 years in the Army, and I now have a whole new understanding of what he did.

What do you like best about the Air Force? Working on airplanes.

Summer safety



TSgt. Kevin Fecteau checks his safety equipment before taking his motorcycle for a ride.



Tips to keep se

The 48th Fighter Wing safety office will hold Safety Day May 16 at Hangar 6 from 8 - 10 a.m. Briefings will be given by officials from safety, military public health, the fire department, security police and communications. Various units will have booths and displays.

Motorcycle safety

☐ Conduct a risk assessment before performing any maneuver. Include not just the risks involved with your machine and your limitations, but also limitations of the road and other road users. Complacency is your enemy. Remember you can lower your risks without lowering your enjoyment.

☐ Check your machine each time before you ride.

☐ If you ride to live, you'll live to ride.

☐ See and be seen is the most important part of your riding strategy.

☐ Never underestimate other road users.

☐ Before you perform any maneuver or position change, do a life saver (look over the shoulder) in the direction you will be turning to or moving to.

☐ Never feel like you can't learn anything more. Seek out new training opportunities.

☐ Plan ahead. Be in the lane position you want to be in before you reach a hazard. Otherwise, it may turn into a real danger.

☐ Be alert! Concentrate on the task at hand, not your destination!

☐ Showing off today may bury you tomorrow.



A student is pulled to safety during the lifeguard training class at the base swimming pool. Water safety courses are offered at the pool throughout the year. The next course, a water safety instructor course, begins May 13. For more information, call Ext. 2815.

Photo by SrA. Jeff Capenos

On the cover

Liberty Wing people have started to enjoy the summer weather. Clockwise from top left, Joy Maddox swims at the base swimming pool; SrA. Dennis Teegardin cooks on his gas grill; TSgt. Kevin Fecteau rides his motorcycle on base; and Samantha Stones prepares mow her lawn.

Cover photos by
TSgt. Sam Shore

Seasonal activities safe for Liberty Wing people

row.

☐ Don't wait for the wear bars to show on your tires. Two millimeters is the suggested minimum amount of tire tread depth although the legal amount is 1 mm.

☐ Dress to ditch. Uneven rural roads have no shoulders and uncertain surface conditions.

☐ Passing is the number-one killer at Lakemheath. Slow down and obey traffic laws.

Picnic safety

- ☐ Keep hot food hot.
- ☐ Keep cold food cold.
- ☐ Cook food thoroughly.
- ☐ Clean all surfaces after they have been in contact with raw foods.

Yard safety

- ☐ Wear sturdy shoes.
- ☐ Wear long pants when mowing or weed whacking.
- ☐ Make sure to use the proper fuel mixture and maintenance for lawn mowers.
- ☐ Watch out for large debris, rocks, logs and bark pieces.
- ☐ Remove all toys and other items from the yard.
- ☐ If you have a sloped yard, never mow it when it is wet.
- ☐ Protect yourself from the sun – wear a hat and sunscreen.

Barbecues

- ☐ Use proper lighting procedures for either gas or charcoal grills.
- ☐ Properly store lighter fluid, matches and lighting sticks.
- ☐ Never leave a barbecue unattended.
- ☐ Never place a barbecue next to a fence or a house.
- ☐ If you have a gas grill and it doesn't light on the first or second try, allow the fumes to dissipate before trying again.

Swimming safety

- ☐ Never swim alone.
- ☐ Only swim in approved locations.
- ☐ Watch for rip tides.
- ☐ Never dive into shallow water.
- ☐ Cliff diving is deadly. You never know what is under the water's surface.
- ☐ Do not swim directly after eating.
- ☐ Be courteous to other swimmers.
- ☐ Never let children swim unsupervised.
- ☐ Don't drink and swim.

Boating safety

- ☐ Know the rules of the water way.
- ☐ Wear personal floatation devices.
- ☐ Don't drink when boating – you can get a DUI while operating a boat.
- ☐ Always use a down flag when water-skiing. A down flag is a red or orange flag a

spotter uses to signal when skiers are in the water.

Pedestrian

- ☐ If a crosswalk is available, use it.
 - ☐ Before crossing, look right-left-right. Vehicles approach from the opposite lane than in the states.
 - ☐ Ensure drivers are stopped before you cross.
 - ☐ Listen for sounds of approaching vehicles. Don't wear headphones – they may impair senses.
 - ☐ Walk directly across the street.
 - ☐ Remain just beyond the curb or in grassy areas if no curb exists. This will keep you out of the line of traffic.
- (Information provided by the 48th Fighter Wing safety office.)



Remembering Battle of Stirling Bridge

By Linda Laws
Community relations advisor

To those who have seen the film "Braveheart" with Mel Gibson, you will know exactly what happened at Stirling Bridge Sept. 11, 1297. In order to commemorate the 700th anniversary of this famous Scottish victory headed by William Wallace, Stirling has a range of events between now and October. The highlight will be a re-enactment of the battle Sept. 12 - 13.

Background

This violent and sad tale came about because of the division amongst Scottish royalty since 1286 and a bitter family dispute over who should be king. Seeing his opportunity, the English king, Edward I (1272-1307), seized upon the confusion to march into Scotland. After brutal massacres, Edward brought the Scottish noblemen to their knees.

He sent English officials to run the government and to hold all positions of authority. This obviously caused great resentment, but still the noblemen of Scotland continued to squabble.

Meanwhile, Sir William Wallace was making a name for himself as a warring rebel trying to unite Scotland so that it would be a free land and out of the control of its English neighbours.

Gathering an army

During this time, Wallace was gathering his army and had managed to rally the local men into a small fighting unit. When word of the revolt spread, Wallace's army quickly grew by the hundreds and then by the thousands. One by one, he marched upon and captured the English strongholds in Scotland, always with fatal results to their English defenders. The biggest battle of all was the Battle of Stirling Bridge.

In battle, Wallace killed the Sheriff of Lanark, Treasurer Cressingham, and celebrated his victory by cutting the flesh of the victim into pieces and handing them out as a symbolic gesture. Wallace



Courtesy photo

This is the view of Stirling from the Wallace Monument. It is also the site of the Battle of Stirling.

made a belt out of his piece of flesh.

Defeat

In 1298, having had enough, Edward made his way to Scotland with a powerful army to defeat Wallace, and this he did in the town of Falkirk. Enter here Robert the Bruce. After standing next to Wallace and proclaiming to the people that he, as royalty, would stand with them in battle to fight for his country, he changed his mind. He decided that the odds were with the English and so joined their ranks instead.

After defeat, Wallace went overseas to try to gain support for his cause. In 1304, a new Scottish king was appointed and clemency granted to many of Wallace's supporters in the uprising. No such clemency was granted to Wallace and a bounty was placed on his head. He was finally captured on his return to Glasgow in 1305, having been betrayed by a fellow Scotsman, Ralph Rae, a prisoner of war the English had released on condition that he lead them to Wallace.

Trial of William Wallace

Wallace was taken to London for trial. He was given no legal rights or privileges, and was sentenced to death. He was hung by the neck, his head was cut off and his body was cut into quarters. Wallace's head was displayed on London Bridge and the four quarters of his body taken to Newcastle, Berwick, Perth and Stirling for display.

Anniversary events

From April - December - Scotland's Liberator is a major exhibition of the 700th anniversary and examines the life

of William Wallace and what his name has meant since his death. This is held from April through December at the Smith Art Gallery and Museum, Dumbarton Road, Stirling. Admission is free. It is open from 10:30 a.m. - 5 p.m. Tuesdays - Saturdays and from 2 - 5 p.m. Sundays. For more information, call (01786) 471917.

The Battle of Stirling Bridge at Stirling Castle Esplanade is Sept. 12 - 13. Tickets are £7. For more information, call (01786) 473544.

In addition, there are Highland Games July 13, a Braveheart Convention Sept. 12 - 14, a European Heritage Day Sept. 14, Tales of the Battle of Stirling Bridge Sept. 1 - October 31, and folk events and concerts. For more information, call the information hotline at (01786) 401297.

Location

Stirling is located in the middle of Scotland. Edinburgh is in the southeast and Glasgow is in the southwest.

Can you help find an exhibit?

The Smith Museum in Stirling is currently scouring America to locate a gold decorated box made from the "Wallace Oak" at Torwood. The casket was given to the Earl of Buchan, who in turn gifted it to George Washington to be passed to "the American most deserving it" on his death. The box went missing a couple of hundred years ago in a stagecoach holdup between New York and Philadelphia in 1803, but it is believed it still exists. If you have information, call the Smith Museum at (01786) 471917.



**For more
information
about living
in Britain,
call Ext.
3145.**

Assistance needed for flooded families

Donations are being taken for families of the Grand Forks AFB, S.D., community who were hit by the flood there. To contribute through the American Red Cross, send checks to: Grand Forks Flood Relief, Disaster Relief Fund, American Red Cross, P.O. Box 37243, Washington D.C. 20013, or drop them off at Bldg. 975.

To contribute to the Grand Forks Chaplain Fund, make checks payable to the RAF Lakenheath Chaplain Fund, designating "GF Flood Relief." Checks must be dropped off by 4:30 p.m. May 16 or dropped in the offering plates at chapel services Saturday and Sunday. For more information, call Ext. 3711.

Blood drive

A blood drive is Thursday at the blood donor center. For more information, call Ext. 6524.

Asian-Pacific heritage

The RAF Lakenheath and RAF Mildenhall Asian-Pacific heritage committees sponsor activities from 11 a.m. - 3 p.m. Saturday at the Bob Hope Community Activity Center.

A video luncheon is from 11 a.m. - 12:30 p.m. May 19 at the Lakenheath Community Activity Center.

The Asian-Pacific Heritage luncheon is at the Lakenheath officers' club May 29.

For more information, call Ext. 2899 or 7009.

Job offer

The 48th Medical Group seeks an ultrasound technologist. For more information, call civilian personnel at 89-2987.

Boot sale

Boy Scout Troop 419 sponsors a boot sale from 10 a.m. - 2 p.m. Saturday at the rod and gun club. Cost is \$5 or £3 per car to participate. For more information, call (01842) 828465.

Genealogical association

The Genealogical Association of English-speaking Researchers in Europe sponsors a genealogy and family history conference in Mannheim, Germany, from 8 a.m. - 4:30 p.m. Saturday. For more information, call Lu Hays-Whiteworth at 0627-51942 or e-mail whit@jas-net.de.

Quarterly awards luncheon

The 48th Fighter Wing quarterly awards luncheon is at 11:30 a.m. Tuesday in the officers' club ballroom. Cost is \$7 per person. Attire is short-sleeve shirt with tie or tab for the head table and nominees and duty uniform for other attendees. Contact unit first sergeants for more information.

Girl Scouts

The Anglian Neighborhood Girl Scouts sell tea towels at the RAF Lakenheath post office. For more information, call Ext. 1675.

Ball, scholarship awards night

The 13th Masonic District sponsors its 12th annual Ball and Scholarship Awards night at 7:30 p.m. May 17 at the Liberty Club. Tickets are \$25 per person and dress is semiformal. For more information, call MSgt. Rodney Williams at 89-3587 or TSgt. Gregory Gartrell at Ext. 3224.

Red Cross

☐ The American Red Cross offers monthly CPR and first-aid classes.

☐ The Red Cross seeks volunteers to chair the summer youth program and to help chair the volunteers. They also need a newsletter publicist and emergency message volunteers.

For more information, call Ext. 1855.

Protestant men's retreat

The 1997 Protestant Men's Retreat is May 16 - 18 at Letton Hall, near Shipdham, Norfolk. Bob Reehm, career missionary to the military, is the guest speaker. For details, call Mike Pratt at (01638) 533108 or the chapel at Ext. 3711.

Wellness fair

RAF Mildenhall's health and wellness and fitness and sports centers sponsor a wellness fair from 9 a.m. - 5 p.m. today. For details, call Tenia Reyes at (01638) 547161.

Health and wellness center

The RAF Lakenheath health and wellness center sponsors the following activities:

☐ A self-care facilitator class is from 8 a.m. - noon Wednesday.

☐ A tobacco cessation class begins May 28 and runs until July 16.

☐ A health workshop is Thursdays. Topics include nutritional medicine and behavioral health.

☐ A back injury prevention class is from 2 - 3 p.m. May 20.

For more information, call Ext. 2710.

Lost, found

The 48th Security Police Squadron is responsible for lost-and-found items. For details, call Ext. 2447.

For information about chapel and off-base worship services, call the RAF Lakenheath chapel staff at Ext. 3711.

Family Support

Contact the family support center staff at Ext. 3847 for information on the following programs, or e-mail chris.lawson@lakenheath.af.mil. All classes are held in the family support center unless otherwise noted.

Financial workshop

A financial workshop, mandatory for E-4s and below, is from 1 - 3:30 p.m. Monday in the conference room.

The class advises military members and their families on personal budgeting, checking account maintenance and debt management.

Marriage enrichment

A marriage enrichment class is 8:15 a.m. - 4:30 p.m. Wednesday in the conference room. The class is designed to help couples to build and strengthen their marriage. Topics include per-

sonal and family values, communication and conflict resolution.

Spouses class

A class about understanding spouses is from 6 - 8 p.m. Wednesday in the conference room. Participants must take a personality test before the class.

PCS with ease

A PCS-with-ease seminar is from 1 - 3 p.m. Thursday in the conference room. The class provides information to help ease moves.

Hearts Apart canceled

Hearts Apart has been canceled for Safety Day.

Teen life

A teen life group meets from 5 - 6 p.m. today at the youth center. The class promotes personal development and coping skills for teens. Topics include self esteem, handling relationships, dating and family communication.

What's on at Services

Friday – May 9

- ❑ National Family Child-Care Provider Appreciation Day is from 10 a.m. - 2 p.m. at the football field. (Ext. 3718)
- ❑ A comedy show is from 6:30 - 8 p.m. at the officers' club and from 9 - 10:30 p.m. at the Liberty Club. (Ext. 3869 or 2535)
- ❑ A lecture on "Lancelot and Guinevere" is from noon - 1 p.m. at the library. (Ext. 3713)

Saturday – May 10

- ❑ The aero club open house is from 9 a.m. - 4 p.m. Discovery flights are \$10. (Ext. 3152)
- ❑ A teddy bear picnic is from 10 a.m. - 3 p.m. at the RAF Lakenheath Community Activity Center. (Ext. 2221)
- ❑ The fitness and sports center sponsors a British-American softball tournament at 10 a.m. on fields 3 and 4. (Ext. 3249)

Sunday – May 11

- ❑ A Mother's Day brunch begins at 10 a.m. at the officers' club and Liberty Club. (Ext. 3869 or 2535)
- ❑ Video rentals, except for new releases, are \$1 at Electric Avenue. (Ext. 2067)
- ❑ The skating rink sponsors a family skate from 2 - 6 p.m. at the skating rink. (Ext. 1627)

Spouses Day

The Liberty Club and officers' club give all spouses who are club members lunch entrees for half price today in honor of Spouses Day. For more information, call Ext. 3869 or 2535.

Storyteller


Storyteller Polly Howat brings her "Magic Bag of Stories" to the library from 11 a.m. - noon Saturday to tell stories to children ages 4 - 7. Sign up in advance; space is limited. Call Ext. 3713 for details.

Family child-care orientation

The next family child-care orientation training is from 8 a.m. - 5 p.m. Monday and Tuesday at the base chapel. Call Ext. 3718 for details.

Classic car show

Anyone wishing to enter a pre-1975 car in the Fourth of July classic car show should call Julian Harrison at Ext. 2146 by June 27.



Knights' Table

Today
Lunch: Salisbury steak, New England boiled dinner, baked fish
Dinner: beef yakisoba, pork schnitzel, Newport fried chicken

Saturday
Lunch: ginger pot roast, chicken tetrazzini
Dinner: herbed-and-lemon baked fish, El Rancho stew, teriyaki chicken

Sunday
Lunch: turkey pot pie, corned beef
Dinner: baked chicken and rice, roast pork, beef stroganoff

Monday
Lunch: chicken Parmesan, tuna-cheese-macaroni bake, Szechwan beef
Dinner: baked stuffed pork chops, hot-and-spicy chicken, vegetarian stuffed peppers

Tuesday
Lunch: barbecue pork chops, ginger-basted fish, jaegerschnitzel
Dinner: country-style steak, tamale pie, herbed-spinach bake

Wednesday
Lunch: lasagna, spaghetti with meat sauce, chicken cacciatore
Dinner: turkey stir fry, breaded liver with onions, baked Cornish hens

Thursday
Lunch: vegetarian yakisoba, sweet-and-sour pork chops, baked fish with garlic butter
Dinner: Swiss steak, chopstick tuna, chicken lo mein

New items available

Equipment rentals offers tandem bikes for \$20 per day or \$40 for weekends. Call Ext. 2146 for more information.

Dog, puppy classes

The RAF Feltwell Community Activity Center offers dog and puppy obedience classes. Dog classes are at 7 p.m. Tuesdays and run for eight weeks. Cost is \$45. Puppy classes are at 9:30 a.m. Saturdays and run for six weeks. Cost is \$30. Both classes are held in Bldg. 21 at Feltwell. Call Ext. 7291 for details.

Steak house

The golf course steak house is open from 5:30 - 9 p.m. Fridays, Saturdays and Sundays. For more information, call Ext. 2223.

Get to know your car

The auto craft center offers a basic bumper-to-bumper car maintenance class from 5 - 8 p.m. Monday. For more information, call Ext. 2454.

Spanish classes

The RAF Lakenheath Community Activity Center offers conversational Spanish classes from 5:30 - 7:30 p.m. Mondays. Cost is \$22.50 for four weeks. For more information, call Ext. 2221.

Tae Kwon Do

The Shepherd's Grove Community Activity Center offers Tae Kwon Do classes at 7 p.m. for children and 8 p.m. for adults Wednesdays and Fridays. Prices start at \$20 with a discount for additional family members. For details, call (01359) 250269.

Sewing machine estimates

The arts and crafts center provides free estimates on sewing machine repairs. For more information, call Ext. 2194.

At the movies

RAF Lakenheath

Friday

7 p.m. - "Vegas Vacation" (PG) Starring Chevy Chase and Beverly D'Angelo. The Griswolds are on the road to Las Vegas. The family manages to find trouble for everyone.

9:30 p.m. - "Meet Wally Sparks" (R) Starring Rodney Dangerfield and David Ogden Stiers. Talk-show host Wally Sparks tries to upgrade his show's ratings by attending a party at the governor's mansion. After a freak accident, he resides at the mansion and chaos begins.

Saturday

4 p.m. - "Mother" (PG-13) Starring Albert Brooks and Debbie Reynolds. After two divorces, science fiction writer John Henderson decides that he must straighten out his relationship with his mother. He moves back in with her, which leads to changes for him, his mother and younger brother.

7 p.m. - "Absolute Power" (R) Starring Clint Eastwood and Gene Hackman. Luther Whitney is the king of thieves, a master of disguise and a wizard of detail. But his perfect crime goes wrong. While burglarizing a mansion, he realizes he is not alone.

9:30 p.m. - "The Shadow Conspiracy" (R) Starring Charlie Sheen and Linda Hamilton. Bobby Bishop begins his day as the most trusted advisor to the president. But within hours he is hunted down by a ruthless professional killer determined to carry out a covert mission.

Sunday

4 p.m. - "Mother" (PG-13)

7 p.m. - "Absolute Power" (R)

Monday

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Tuesday

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Wednesday

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Thursday

7 p.m. - "The Shadow Conspiracy" (R)

May 16

7 p.m. - "Mother" (PG-13)

9:30 p.m. - "The Shadow Conspiracy" (R)

RAF Mildenhall

Friday

7 p.m. - "Turbulence" (R) Starring Ray Liotta and Lauren Holly. A jumbo jet flying toward Los Angeles International is taken by a serial killer who murders all the flight crew except for one flight attendant.

9:30 p.m. - "Evita" (PG) Starring Madonna and Antonio Banderas. Evita Peron rose from poverty to become one of the most powerful women in the world. She married Juan Peron, president of Argentina. She worked to help the country's poor and hypnotized 18 million people before her death.

Saturday

4 p.m. - "That Darn Cat" (PG) Starring Christina Ricci and Doug E. Doug. Small-town boredom gets a wake up when the family cat comes home with a wristwatch around its neck and propels a 16-year-old girl into a whirlwind of kidnapping, mistaken identities and goofy misunderstandings.

7 p.m. - "Rosewood" (R) Starring Jon Voight and Ving Rhames. In 1923 a prosperous black town in Florida was burned to the ground. Many of its inhabitants were murdered after a woman from the all-white neighboring town falsely claimed she was assaulted by a black man.

9:30 p.m. - "Evita" (PG)

Sunday

4 p.m. - "That Darn Cat" (PG)

7 p.m. - "Rosewood" (R)

Monday

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Tuesday

7 p.m. - "Evita" (PG)

Wednesday

7 p.m. - "That Darn Cat" (PG)

Thursday

7 p.m. - "Evita" (PG)

May 16

7 p.m. - "Metro" (R) Starring John Travolta and William Hurt. A hostage negotiation expert is assigned to break in a rookie sharpshooter. The two find themselves engaged in a cat-and-mouse game with a killer.

9:30 - "Star Wars" (PG) Starring Harrison Ford and Mark Hamill. The tale of the galactic civil war is back with more special effects and some scenes left off the original.



Photo by Rob Agtual



Photo by SrA. Carlo Franco

Up, up and away

(Left) Carlo Franco attempts a steep hillside climb in Thetford Forest while safety crew member Randy Dorris stands ready to help. (Above) Mike Larson negotiates a treacherous part of a trail. Members of 372nd Training Squadron, Detachment 16, meet weekly to practice riding capabilities and rack up points for their fitness program. Anyone interested in starting a mountain bike club should call Ext. 3550.

Sports Shorts

Red Lodge challenge, fun run

A 4.5-mile road race between teams from RAF Lakenheath, RAF Mildenhall, RAF Honington, Royal Engineers Waterbeach, Cambridge University and the Newmarket Running Club is at 2:30 p.m. June 29.

A 4.5-mile fun run for adults and shorter races for children under 16 are also June 29.

For more information or to enter, call Bob Burlison at (01638) 751423.

Sports for children 3 - 5

Registration for a new sports program for children 3 - 5 is underway at the RAF Mildenhall Youth Center. The program teaches children the fundamentals of kicking, throwing, catching and batting. Openings are available to the first 40 youths to sign up. Cost is \$25. The program is from 6:30 - 7:30 p.m. for seven weeks at the RAF Mildenhall Fitness Center. For more information, call Ext. 2990 or e-mail viciskg@100arw.mildenhall.af.mil.

May is Fitness Month

May is the 12th annual Air Force Fitness Month. The fitness and sports center sponsors these events: British-American softball

tournament Saturday; a biathlon May 17; and an Air Force five-kilometer fitness run May 24. All events are free. Fitness month is sponsored in part by Sato Travel, Gatorade and Stairmaster. Call Ext. 3607 to sign up or for more information.

Golf instructions

The golf course sponsors a beginners clinic Tuesday - Thursday. Call for price and times. The course also offers free group instruction from 10 a.m. - noon Mondays and from 5:30 - 7:30 p.m. Tuesdays. For more information, call Ext. 2223.

Youth baseball, softball

Registration for youth softball and baseball continues through May 31. Cost is \$25 for the first child in a family and \$20 for each additional child. Practices begin June 9, and the season begins June 23. For more information, call Karl Pfoor at Ext. 3735.

Coaches' clinics, certification

Coaches' clinics and certifications for youth coaching are Monday and Tuesday.

This is for all first-time coaches. The clinics are at 5:45 p.m. at the youth center. People must pre-register for the clinics. For more information, call Ext. 3735.

Intramural standings

Standings as of Monday

Intramural soccer

Team	W	L	T
LIFESAVERS	3	0	0
CRS	3	1	0
TRANS	3	0	2
CHICKENHAWKS	3	0	2
SUPPLY	2	0	0
CES	2	0	1
494	2	0	1
OSS	2	0	3
MDOS	1	0	2
493	0	0	4
SPS	0	0	4

Intramural bowling

Team	W	L	AVG	Pins
EMS #2	164	76	1012	66259
HOPITAL	149	91	1472	72020
MSS #1	146	94	1213	66374
SPS	141	99	1332	60717
DENTAL	126	114	1088	58698
MSS #2	125	115	1166	58986
CES	118	122	1264	62364
EMS/AGE	117	123	1225	60610
492FS	107	133	1362	60448
DECA	106	134	891	53536
OSS	97	143	1267	60567
494FS	97	143	1181	56027
CRS/PROPS	97	143	1349	55942
POL	88	152	997	62215